

# **Opened - October 2, 1938**

**Pastor**: Rev. Krzysztof Szczepanik **Office Administration:** Patti Belancic **Book keeping:** Lidia Molinaro

Office hours: Monday: 10:00am - 12:00pm Tuesday - Friday: 10:00am - 2:00pm Closed all Statutory holidays Website: www.sthelenscatholic.ca

# Sacraments:

**Baptism:** Sundays at 12:30pm Call parish office.

**1st Communion & Confirmation** Contact the Parish Office.

# **Reconciliation:**

Every Saturday 4:00pm - 4:30pm or by appointment with the priest.

# Marriage:

Arrangements six months in advance. Marriage preparation is required.

**RCIA & RCIC:** Contact the Parish Office.

# Anointing of the Sick:

Please let us know when someone has a serious or prolonged illness or is to have surgery.

**Chronic Care Facilities:** Pastoral visits are made monthly. Reception of Holy Communion is available to Catholic residents.

# St. Helen Church

4106 Mountain St. Beamsville, ON L3J 0K9

Ph: 905-562-7427 Fax: 905-563-0003 Email: sthelen@saintcd.com



# Est. as a Parish - January 1, 1986

Sunday Masses: Saturday: 5:00pm Sunday: 9:00am & 11:00am

# Weekday Masses:

Tuesday - Friday: 9:00am (unless otherwise posted in the bulletin)

Adoration: Daily after morning Mass weekdays

# Ministry Scheduling & RFM:

Rebecca Williams ~ sthelenministryscheduling@gmail.com

**Fundraising Events:** *sthelen@saintcd.com* 

**Facility & Grounds Maintenance:** Craig Luey *craig.luey@gmail.com* 

Catholic Women's League: Alda Bianco-Dolino *cwlsc005@gmail.com* 

#### **Knights of Columbus:**

Ray Francoeur avalanche1950@yahoo.com 289-700-6342

**SVDP:** Lorraine Martin ~ *contact* parish office

**Prayer Warriors/Requests:** Sandra Mactaggart ~ *sandbmac@gmail.com* 

**Parish Pastoral Council:** Chairperson: Anthony van Engelen *st.helen.ppc@gmail.com* 

**Contacts:** 

Music Ministry: Anthony van Engelen *adve1@yahoo.com* 

*Kindly complete the following and place in the collection box. Envelopes will be on the round table in the foyer the following weekend.* 

□ New Parishioner*	Change of address	□ Moving
<b>Name</b>	Phone	E-mail
Address		City
□ I would like to use offertory envelopes*		Postal Code

**Catholic Funeral Rites:** 

When a death occurs in your family, please call the Parish Office and we will assist you in making the necessary liturgical arrangements.

### Homebound:

Notify the Parish Office when serious illness occurs. When the sick, aged or incapacitated are confined to home for an extended time, pastoral visit can be arranged.

# **Schools:**

**St. Mark School** Principal: Jennifer DeCoff Vice-Principal: Angela Villella

**St. Edward School** Principal: Jeff Moccia

# First Sunday of Lent - Year C March 9, 2025

#### **Mass Intentions** March 11–16, 2025 As we gather, let us remember and pray for ... Tue.~ 9:00am Special Int: Connie & Louis Elia (by Corona Jarvis) Wed. ~ 9:00am + Bruno Savegnago (by Loris & Bonnie Savegnago) Thurs.~ Special Int: Mary Smeenk 9:00am (Helen Hendriks) ······ Mar. 14th Fri. 10:00ap + Bert Lang (by Maria Simon) Albright Sat. ~ **5:00pm** + Rosa Testa (by Peter & Viola Izzo) Sun. ~ 9:00am + John Marchalewicz *(by Jenny Marchalewicz)* 11:00am Pro Populo Dei

# TEN BENEFITS OF ATTENDING ADORATION

- 1. Helps us avoid sin
- 2. Helps us learn the art of prayer
- 3. Improves our reception of the Eucharist
- 4. Helps us avoid mediocrity
- 5. Prayer sets our hearts on fire
- 6. Helps us overcome bad habits
- 7. Blesses our families
- 8. Floods our soul with interior peace
- 9. Helps obtain the salvation of our souls and other souls
- 10. Jesus and Mary rejoice

# POPE FRANCIS' MARCH INTENTION

For families in crisis:

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

# **OUR CONDOLENCES**

Our condolences and prayers are extended to the family and friends who mourn the loss of:

# SHIRLEY MAE JUDGE

AT THE HEART OF GIVING

Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May she rest in peace. Amen.



This week the Sanctuary Lamp burns in memory of

# JIM ATKINSON

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament of the altar.

# SANCTUARY LAMP

The next available opening for the Sanctuary Lamp is **July 6 & 13, 2025.** If you would like to book the lamp in memory of your loved one or any intention please contact the office sooner rather than later as the year is filling up. Cost is \$35.00 per week.

### DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

We meet every second and fourth Monday at Mount Carmel Spiritual Centre. Next session will take place on Monday, March, 10th from 7:00pm - 9:00pm Topic: Facing Fear

For more information please call 905-356-4113 or email: *separateanddivorced@saintcd.com*.

#### SAINT MICHAEL CATHOLIC MEN'S SPEAKER SERIES:



Speaker: Fr. Benjamin Weber
Subject: Strengthening our devotion to
St. Joseph, Drawing on the insights of
St. Andre Bessette, Bring salt for blessing
Date: Wednesday, March 12, 2025
Mass at 7:00pm
Talk 7:30 pm
Social 8:30 pm
Location: 67 Church St, St. Catharines

# 2024 TAX RECEIPTS

Tax receipts were mailed this week. If you haven't receive by the end of next week, please contact parish office.

BLNCO

# THURSDAYMORNING BINGO

In the St. Helen Church Hall 4106 Mountain Rd., Beamsville, ON Doors open at 10:00am, Bingo games start at 11:00am Delicious Lunch Available

FRIDAY EVENING BINGO

Pizza available at 6:00pm, games start at 7:00pm

#### FIRST SUNDAY OF LENT



Lent is a time during which the Church crosses the desert in order to gain the promises of the resurrection of Jesus. It is for this reason that today's Gospel talks to us of the desert and the temptations to which the devil

submitted Jesus. This was an extremely arduous journey Jesus undertook to be alone with God. The responses of Jesus are clear, clean and show that he is truly the Son of God, acquiescent to the will of God.

The two other readings of the Mass, express our faith in God, a unique and only Saviour. In the extract taken from Deuteronomy, Moses instructs the Israelis the correct manner in which one renders homage to the Lord. In the letter to the Romans, Paul tells us that the Saviour is generous towards all who call upon him.

From all the above, we as followers of Jesus, can overcome temptation if we call upon him and try to follow in his way.

#### BENEFIT GALA TO SUPPORT STUDENTS IN NEED AND SCHOLARSHIPS

The Niagara Foundation for Catholic Education's Annual Benefit Gala with honorary guest Bishop Gerard Bergie will be held on **Thursday, March 27** at Club Roma. The event will have the Niagara community all in support of students in need outreach programs and scholarships for students attending Niagara Catholic District School Board schools. Starts at 6:00pm, with cash bar, wine tasting, silent auction tables and a pre-dinner antipasto, followed by a delicious meal. Tickets are \$100.00/pp. Purchase on line at *www.niagaracatholic.ca or call 905-735-0240, ext. 214* 

# **LIFT JESUS HIGHER RALLY**



POWER FROM ON HIGH will take place on: **Saturday**, **March 29**, **2025 from 9:00am to 5:30pm** at the Metro Toronto Convention Centre

(North Building).

Join us for Compelling Speakers, Inspiring Personal Testimonies, Powerful Praise & Worship Music, Prayer Ministry for Healing & Empowerment, Confessions, Chaplet of Divine Mercy, Eucharistic Adoration & Procession. Adult Rally \$49.00, Youth Rally \$25.00 For tickets and information, visit www.LJHR.ca

# **RESPECT LIFE MASS**

His Excellency Bishop Bergie will celebrate the Annual Diocesan Respect Life Mass at the Cathedral of St. Catherine of Alexandria on **Tuesday, March 25,** Feast of the Annunciation of the Lord. Rosary for Life & Confessions at 6:15 pm and Mass at 7:00pm

# JOIN US THURSDAY MORNING



For the Stations of the Cross following the morning Mass.

# CATHOLIC ENGAGED ENCOUNTER

The CEE weekends are for engaged couples and focuses strongly on fostering good communication in marriage. This in person marriage preparation weekend gives couples the opportunity to discover the deep meaning of the Sacrament of Marriage within the Catholic Church. **Upcoming Dates: March 14-15-16 & October 17-18-19** Visit ceecanada.ca for more info. and to register or call Celine 289-241-4390 or Jennifer 289-228-0140



Adoration of the Blessed Sacrament every **THURSDAY** during Lent season **7:00pm to 8:00pm** Sacrament of Reconciliation available at that time as well.



#### A signature to *Turn Debt into Hope*

Next Sunday, **March 16**, we will be invited to sign the global *Turn Debt into Hope* campaign petition that calls for an end to unjust debt. With inequalities widening as rich countries continue enriching themselves by exploiting the resources of the poorest countries, we respond to Pope Francis's call:

"In the spirit of this Jubilee Year, I ional community to work towards

urge the international community to work towards forgiving foreign debt in recognition of the ecological debt existing between the North and the South of this world. This is an appeal for solidarity, but above all for justice." (Message for the World Day of Peace, Jan. 1,) Help us reach the Canadian goal of 100,000 signatures, which will feed into the global goal of 10 million signatures. **Sign now at devp.org/debt**. Thank you for your solidarity!

#### **A LIFT NEWS**

To elevate your awareness, we are working on moving up in this world and are doing preliminary work on installing a lift for our parish. More information will be upcoming.

#### ST. HELEN PARISH ANNIVERSARY CELEBRATION WE NEED YOU !!!

Please offer your time and talents and join the organizing committee for the Parish Anniversary dinner on **Nov. 22** We need an organizing committee very soon to support the planning of this big event. Please email the parish office at sthelen@saintcd.com or sthelen.ppc@gmail.com to volunteer or ask questions that will help discern your willingness to give your yes to this wonderful parish event.

#### "<u>ON EARTH AS IT IS IN HEAVEN</u>" <u>BY DR. JOSEPHINE LOMBARDI</u>

Starting Wednesday **March 26 at 7:00pm**, 4 weeks program will be based on book written by Dr. Lombardi. Please sign up to purchase it (\$20.00) if you would like to read ahead of our classes.



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