

# St. Helen Church



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Email: [sthelen@saintcd.com](mailto:sthelen@saintcd.com)



Opened - October 2, 1938

Est. as a Parish - January 1, 1986

**Pastor:** Rev. Krzysztof Szczepanik  
**Office Administration:** Patti Belancic  
**Book keeping:** Lidia Molinaro

**Office hours:**  
Monday: 10:00am - 12:00pm  
Tuesday - Friday: 10:00am - 2:00pm  
Closed all Statutory holidays  
**Website:** [www.sthelenscatholic.ca](http://www.sthelenscatholic.ca)

**Sunday Masses:**  
Saturday: 5:00pm  
Sunday: 9:00am & 11:00am

**Weekday Masses:**  
Tuesday - Friday: 9:00am  
(unless otherwise posted in the bulletin)

**Adoration:**  
Daily after morning Mass weekdays

## Sacraments:

**Baptism:**  
Sundays at 12:30pm  
Call parish office.

**1st Communion & Confirmation**  
Contact the Parish Office.

**Reconciliation:**  
Every Saturday 4:00pm - 4:30pm or by  
appointment with the priest.

**Marriage:**  
Arrangements six months in advance.  
Marriage preparation is required.

**RCIA & RCIC:**  
Contact the Parish Office.

**Anointing of the Sick:**  
Please let us know when someone has  
a serious or prolonged illness or is to  
have surgery.

**Chronic Care Facilities:**  
Pastoral visits are made monthly.  
Reception of Holy Communion is  
available to Catholic residents.

**Catholic Funeral Rites:**  
When a death occurs in your family,  
please call the Parish Office and we  
will assist you in making the  
necessary liturgical arrangements.

**Homebound:**  
Notify the Parish Office when serious  
illness occurs. When the sick, aged or  
incapacitated are confined to home for  
an extended time, pastoral visit can be  
arranged.

## Schools:

**St. Mark School**  
Principal: Jennifer DeCoff  
Vice-Principal: Angela Villella

**St. Edward School**  
Principal: Jeff Moccia

## Contacts:

**Music Ministry:**  
Anthony van Engelen  
[adv1@yahoo.com](mailto:adv1@yahoo.com)

**Ministry Scheduling & RFM:**  
Rebecca Williams ~ [sthelenministryscheduling@gmail.com](mailto:sthelenministryscheduling@gmail.com)

**Fundraising Events:**  
[sthelen@saintcd.com](mailto:sthelen@saintcd.com)

**Facility & Grounds Maintenance:**  
Craig Luey  
[craig.luey@gmail.com](mailto:craig.luey@gmail.com)

**Catholic Women's League:**  
Alda Bianco-Dolino  
[cwls005@gmail.com](mailto:cwls005@gmail.com)

**Knights of Columbus:**  
Ray Francoeur  
[avalanche1950@yahoo.com](mailto:avalanche1950@yahoo.com)  
289-700-6342

**SVDP:**  
Lorraine Martin ~ *contact parish office*

**Prayer Warriors/Requests:**  
Sandra Mactaggart ~  
[sandbmac@gmail.com](mailto:sandbmac@gmail.com)

**Parish Pastoral Council:**  
Chairperson: Anthony van Engelen  
[st.helen.ppc@gmail.com](mailto:st.helen.ppc@gmail.com)

*Kindly complete the following and place in the collection box.  
Envelopes will be on the round table in the foyer the following weekend.*

New Parishioner\*

Change of address

Moving

Name \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

I would like to use offertory envelopes\*

Postal Code \_\_\_\_\_

# Fifth Sunday of Lent - Solidarity Sunday - Year C

## April 6, 2025

### Mass Intentions

April 8- 13, 2025

As we gather, let us remember and pray for . . .

|          |   |           |
|----------|---|-----------|
| Tue.~    | .....   | Apr. 8th  |
| 9:00am   | + Kevin Van Den Elzen<br><i>(by St. Helen's CWL)</i>      |           |
| Wed. ~   | .....   | Apr. 9th  |
| 9:00am   | + Gemma Poole<br><i>(by Maria &amp; Piera Palmieri)</i>   |           |
| Thurs.~  | .....   | Apr. 10th |
| 9:00am   | + Evelyne & Floyd Schneiders<br><i>(by Nancy Winslow)</i> |           |
| Fri.     | .....   | Apr. 11th |
| 10:00am  | + Sean Joseph Kelly<br><i>(by Angus Reid)</i>             |           |
| Albright |   |           |
| Sat. ~   | .....   | Apr. 12th |
| 5:00pm   | Pro Populo Dei  |           |
| Sun. ~   | .....   | Apr. 13th |
| 9:00am   | + Bernadette Driscoll<br><i>(by Sharon Driscoll)</i>      |           |
| 11:00am  | +Kevin Van Den Elzen<br><i>(by Zofia Haight)</i>          |           |



This week the Sanctuary Lamp burns in memory of

**ERNEST BRUNET**

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament of the altar.

### SANCTUARY LAMP

The next available opening for the Sanctuary Lamp is **August 17, 2025**. If you would like to book the lamp in memory of your loved one or any intention please contact the office sooner rather than later as the year is filling up. Cost is \$35.00 per week.

### DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

We meet every second and fourth Monday at Mount Carmel Spiritual Centre. Next session will take place on **Monday, April 14th from 7:00pm - 9:00pm**  
**Topic: What Is Forgiveness ?**  
 For more information please call 905-356-4113 or email: [separateanddivorced@saintcd.com](mailto:separateanddivorced@saintcd.com).

### 40 DAYS FOR LIFE



Be part of a very successful, international movement of prayer and fasting to end abortion. The **40 Days for Life** began Ash Wednesday in front of the Greater Niagara General Hospital, 5546 Portage Rd., Niagara Falls where abortions are committed, sometimes up to 40 per week!!! It continues until Palm Sunday, April 13. **Please commit to one hour or more as part of your Lenten prayer and fasting.** To sign up: [www.wpcprofile.com](http://www.wpcprofile.com). For more info, contact *Angela* at [angelabraun@live.com](mailto:angelabraun@live.com) or *Stef* at [stefilee0007@proton.me](mailto:stefilee0007@proton.me)

### VINEYARD LENTEN ISSUE

Here is a link to the Lenten issue of the Vineyard <http://saintcd.com/diocesan-directory/the-vineyard>.

### ARE YOU REGISTERED IN OUR PARISH?

If you are new to the parish or have not registered, complete the tear off section at the front of this bulletin. If you are not sure that your family is registered, call or email the office. Any changes to mailing address, phone numbers and email address should be sent in as well. Thank you for your cooperation.

### POPE FRANCIS' APRIL INTENTION

*For the use of the new technologies:*

Let us pray that the new technologies will not replace human relationships, will respect the dignity of the person and will help us face the crisis of our times.



Adoration of the Blessed Sacrament every **THURSDAY** during Lent season  
**7:00pm to 8:00pm**  
 Sacrament of Reconciliation available as well.

### JOIN US THURSDAY MORNING

Join us this **Thursday** for the Stations of the Cross following the morning Mass.



### **THURSDAY MORNING BINGO**

In the St. Helen Church Hall  
 4106 Mountain Rd., Beamsville, ON  
 Doors open at 10:00am, Bingo games start at 11:00am  
 Delicious Lunch Available

### **FRIDAY EVENING BINGO**

Pizza available at 6:00pm, games start at 7:00pm

## THE REAL PRESENCE OF CHRIST



Every time we come to Mass, we will hear **one** of the following Eucharistic Prayers (EP):

**EP I** - Be pleased, O God, we pray, to bless, acknowledge and approve

this offering in every respect; make it spiritual and acceptable so that it may become for us the Body and Blood of your most beloved Son, our Lord Jesus. Take and eat, this is my body. Take and drink, this is my blood.

Later you hear: In humble prayer we ask you, almighty God: command that these gifts be borne to your altar on high in the sight of your divine majesty, so that all of us, who through this participation at the altar receive the most holy Body and Blood of your Son,

**EP II** - Make holy, therefore these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body and Blood of our Lord Jesus Christ. Take and eat, this is my body. Take and drink this is my blood.

Later you hear: Humbly we pray that, partaking of the body and blood of Christ, we may be gathered into one by the Holy Spirit.

**EP III** - Therefore, O Lord, we humbly implore you: by the same Spirit graciously make holy these gifts we have brought to you for consecration, that they may become the Body and Blood of your Son our Lord Jesus Christ, at whose command we celebrate these mysteries. Take and eat, this is my body. Take and drink this is my blood.

Later you hear: Look we pray, upon the oblation of your Church and recognizing the sacrificial Victim by whose death you willed to reconcile us to yourself, grant that we, who are nourished by the Body and Blood of your Son and filled with his Holy Spirit, may become one body, one spirit in Christ.

**EP IV** - Therefore, O Lord, we pray: may this same Holy Spirit graciously sanctify these offerings, that they may become the Body and Blood of our Lord Jesus Christ for the celebration of this great mystery which he himself left us as an eternal covenant. Take and eat, this is my body. Take and drink, this is my blood.

Later you hear: Look, O Lord, upon the Sacrifice which you yourself have provided for your Church, and grant in your loving kindness to all who partake of this one Bread and one Chalice that, gathered into one body by the Holy Spirit, they may truly become a living sacrifice in Christ to the praise of your glory.

We as Catholics, as Orthodox, as Coptic Christians have always believed, (and this was believed by all Christians until approximately the 16th Century [changed by Protestants]), that when we receive Holy Communion, we are receiving the gift God has given us, Jesus Christ **truly present** in Communion, which we have given to God as our gift for our salvation. Jesus is present not only in the Word of God, but in the Eucharist we receive. He remains present eternally.

**It is not just a remembrance, He is present, now.**

## FAITH NOURISHING WOMEN'S CATHOLIC MINI RETREAT

Join us on **May 3, 2025 from 8:30 AM – 1:30 PM** here, at our **St. Helen parish**, for a day of reflection, prayer and sisterhood at our **Women's Catholic Mini Retreat**, where your faith will be nourished !!!

*Mini Retreat for Women*

**"EMPOWERED IN HIS NAME,  
ROOTED IN HIS LOVE"**

Saturday  
May 3, 2025  
8:30 AM - 1:30 PM

St. Helen Parish  
4106 Mountain St  
Beamsville, ON

*"...and that Christ may dwell in your hearts through faith: that you, being rooted and grounded in love..."  
Ephesians 3:17*

**\$40 REFRESHMENTS AND LUNCH INCLUDED**

For further details and where to buy tickets, please see the attached flyer:

<https://www.eventbrite.ca/e/faith-nourishing-womens-catholic-mini-retreat-tickets-1292050510859?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=ebdsshcopyurl>

## HOLY WEEK SCHEDULE

### **PALM SUNDAY, April 13**

Saturday **5:00pm**

Sunday **9:00am & 11:00am**

### **HOLY THURSDAY, April 17**

Mass of the Lord's Supper at **7:00p.m.** followed by Adoration at the Altar of Repose - until **9:00p.m.**

### **GOOD FRIDAY, April 18**

Good Friday Liturgy at **3:00p.m.**

Stations of the Cross at **6:00p.m.**

### **HOLY SATURDAY, April 19**

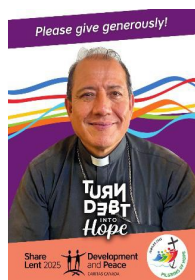
Blessing of Easter Foods - **11:00a.m.**

Reconciliation - from **12:00 to 1:00p.m.**

Easter Vigil - at **8:15p.m.**

### **EASTER SUNDAY, April 20**

**9:00am and 11:00a.m.**



Please give generously!

### **This Lent, please give generously**

This Solidarity Sunday, Development and Peace — Caritas Canada's **Turn Debt into Hope** campaign invites you to give generously and thanks you warmly for your generosity. **Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world.**

*"As we work together toward a better world, your support strengthens not only our efforts, but the shared hope that we can bring about lasting change through solidarity and love. Your generosity is a testament to the boundless compassion that unites us all as one human family. May we continue to walk together in faith and action, creating a brighter future for all."* — The Most Rev. Jorge Izaguirre, Bishop of Chosica, outgoing president of CEAS, a partner in Peru

Help create hope for and fulfil the dreams of the communities we support in the Global South by giving to your Share Lent parish collection or online at [devp.org/give](http://devp.org/give).

**Thank you for your solidarity!**

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*In service to one, in service to all.*

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Website: [www.pharmasave.com/beamsville-lincoln](http://www.pharmasave.com/beamsville-lincoln)

**John (JD) Pachereva**  
Councillor

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